



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Frans Mandla  
Mkhabela**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 04:44:41**

**PACE 06:45/km**

**GENDER 230 of  
563**

**OVERALL 297 of 834**

**40+ 66 of 161**

08 July 2023, Sat

Date



*BoutTime*

Signature

